



Contact HKP:

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facebook www.facebook.com

We have facebook pages!
Search for 'Hangleton and Knoll
youth Team;
Claire Johnson HK;
Clare Community worker
'like' our pages to be kept up to
date with activities and events.



Catch our tweets
[@HKP_info](http://www.twitter.com)

Our **HaKIT Leaflets** which detail
computer courses and free drop-
ins are available to download from
www.hkproject.org.uk

Regular Activities:

**HaKIT Computer Drop-ins at St
Richards**

HaKIT drop-ins are Free
Wednesdays: 10-12; 1-3; 3-5pm
and Fridays: 10am - 1pm
For help with: Computer basics;
Setting up Email, Facebook &
Twitter; Getting to know your
computer; Microsoft Office; Using
the scanner; Writing a CV,
Employment Searches; Online
Benefits; Bill Payments;
Selling/Buying online; and lots
more. **Professional friendly 1to1
help at your own pace**
Equipment:

HaKIT drop-ins are Free

Detached Youth Work: The
Youth Team out & about after
school in Hangleton & Knoll. For
regular updates and more info
'like' our Facebook page.

Spotlight on HKP Youth Work

Our highly skilled and experienced youth team (Helen, Polly, Nina and Michele) deliver a variety of projects, groups and activities for young people in Hangleton and Knoll. They are passionate about and dedicated to the work they do with the young people in our community.

'Youth work encourages young people to get involved in their community, make friends and build their skills, confidence and experience'

HKP run a young leaders programme which trains young people to plan their own projects based on what they and their peers want to see happening locally. HKP young leaders are just about to launch drop-ins with the 8-12 age group with free activities and trips out; they have been able to fundraise the costs of this from the wonderful Sussex Community Foundation which supports so much good work across the county.

Robbie Clayton Young Leader said 'We hope this project gives the younger age range a chance to meet new people and make new friends, there isn't much for 8-12s that is free and easy to get to'

Youth Team: Up to date information on all activities is available on the youth teams Facebook page, or contact the Youth Team directly on 01273 706469 youth@hkproject.org.uk

Coming up in June and July

Community:

50+ Tea Dance Friday 7th July 1.30-3.30pm at St Richard's for more info call Clare on 01273 410858 or E clare.hopkins@hkproject.org.uk

Wednesday 14th June Community Action 10.30-12 at St Richards update on the Toads Hole Valley development.

Wednesday 28th June H & K Health Forum 10-12 at St Richards's all welcome, find out more about your local GP. Refreshments from 9.30.

Thursday 6th July: MCWG Coffee Morning 10am St Richards

Thursday 29th June & 13th July: Women's Health Walks 10am at St Richards

Thursdays 3.30-5.30pm The Pavilion Café in Knoll Park is now open

Up-to-date information on community events and activities is shared on the Community team's Face Book Pages or sign up for the HKP E Newsletter

Want to know what's happening in Hangleton & Knoll?

HKP have an E Newsletter and send out regular updates to over 500 residents about project and community activities & events so if you would like information straight to your in box; Or if you want to promote an activity please email: info@hkproject.org.uk and ask 'add me to the database'